
WS LEADERS & DEMONSTRATORS

WS General Guidelines & Description

Definition:

These clinical workshops simulate clinical OR (operation room) or ICU /Emergency Scenarios, which serve as basis to teach the different ultrasound guided blocks to our delegates. These workshops are **HANDS ON** with **ACTIVE** ultrasound scanning on models by the delegates. This definition is valid for all clinical workshops (adults, paediatrics, chronic pain and POCUS)

Number of Workstations per Workshop:

4 Workstations with different scenarios/topics.
One demonstrator with one US (ultrasound machine) One model per Workstation.

Duration:

2 hours, with 30 min approximately per workstation

Ultrasound – workshop ratio:

4 US with one model each per workshop
(1 workshop covers 4 clinical scenarios/topics)

Ultrasound – delegate ratio:

1 : 6 = max 6 pax per workstation / ideal for a total of 24 delegates

Instructors:

There will be one instructor per workstation = 4 demonstrators per workshop

Chairman – Workshop Leader:

There will be one Chairman/Workshop Leader per workshop [usually **NOT** active (=teaching) involved in the assigned Workshop], But mainly involved in coordination a WS flow

Note: For the MINI HANDS ON WS, there is only one demonstrator (instructor)

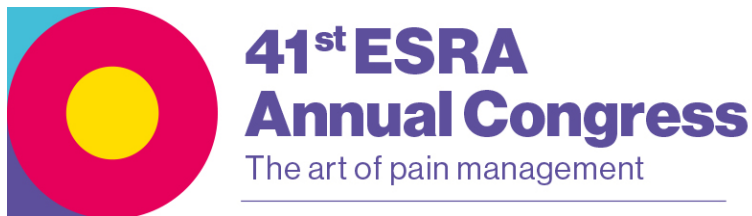
1 US Machine

No chair

An audience of up to 8 delegates for one hour training

Material provided:

- With every US there must be one male or female model
- Complete US equipment (battery loaded, working connection for power supply)
- Enough gel for all workshops, appropriate towels to clean the US-probe
- One stretcher or other comfortable surface and pillows for positioning the models for a duration of up to 3 hours for scanning them in different positions.
- Enough towels and blankets to cover the models.
- At least one pillow per stretcher / model.
- One bathing gown per model (for the time between the workshops, or the models are told to easily removable sport wear).
- Enough paper towels to clean the gel from the models for all workshops Per workstation (1 US, 1 Model, 1 stretcher):
- Water-soluble skin pen to paint on the models.
- 2 chairs per workstation (for instructor and for model between the sessions)



Perfect set-up: See document «Clinical Workshop setup»

Support from US companies is needed: At least 1 person per workshop present per US-Company (Sonosite, BK, GE, Mindray etc.) until the instructor feels comfortable with the US.

Projection for presentations: NOT needed.

Each instructor can take her/his laptop to show in his group some anatomical details but in general there will not be a presentation for all delegates, although this can be modified – all team members need to communicate to each other.

Responsible Persons on Site

• **Program Coordinator:**

Thomas Vok, Chair of Scientific Committee

• **Scientific Committee:**

Jose Aguirre, Chair of Hands – On Clinical WS - Cell Phone Number: +41 76 331 11 48

• **PCO: MCO Congres Group – Viviane Barbarisi** - Cell Phone Number: +33 670069826

Back – Up: A back-up of demonstrators is organized to possibly cover unplanned absences or to offer more scenarios for a high number of delegates.

Who to inform in the case of problems?

To avoid delays and other problems, ALL information concerning:

- Problems with models / ultrasounds
- Non-show by demonstrators
- Cancellation by demonstrators prior to the workshop
- Problem with rooms which cannot be solved prior to a workshop
- Problems with the number of candidates (Workshop is over-booked, need for more instructors etc)

Has to be shared with the following on behalf of ESRA:

Jose Aguirre: +41 76 331 11 48

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Has to be shared with the following on behalf of the PCO **MCO Congres Group – Viviane Barbarisi** - Cell Phone Number: +33 670069826

Instructions & Guidance for the Instructors (Demonstrators) of the Hands-On Clinical Workshops

For further information about the Hands – On Clinical Workshops, please see the documents «General Clinical WS Guidelines» and «Clinical Workshop setup». The workshops will be organized according to those documents.

Your Job: You will be contacted by the Chair of your Workshop (WS) **three to four weeks before** the Congress. Send her/him your **cell phone number** and your **email** you will be using during the Congress. You will also get her/his cell phone number in the case there are any problems (coming late to the workshop etc). In the case you do not get a message from the WS Chair, contact her/him yourself to be sure you can exchange your phone numbers.

Your topic allocations were sent to you with the Congress Invitation. Prepare a session of **30 minutes** (time for each rotation) keeping in mind that this is a **clinical, hands-on** Workshop for delegates **from different** levels (see below: beginner to expert level).



41st ESRA Annual Congress

The art of pain management



Be at the Workshop (WS) place at least 10 – 15 minutes before the start.

Check your model, US machines, material, ask the industry support if you have any question about your ultrasound machine.

There is **NO LIVE demonstration** to all participants at the beginning of the workshop!

This is a hands-on Workshop, NOT a live demonstration and NOT a «all blocks in one go» Workshop. There is **no needling**, only landmarks and scanning of the models.

After a general introduction by the Chair you will take the first group assigned to your workstation and start. Give a short introduction about the topic, you can use 1 or 2 slides if you wish (take YOUR laptop/tablet) and show the relevant anatomy yourself on the model.

However, this is a hands-on workshop: delegates have to scan themselves!

The idea of “clinical” is to offer a **clinical approach** to RA / POCUS / Paediatric RA / Chronic Pain etc, rather than an anatomic approach. For example: • It is nice to know that the phrenic nerve is on the anterior scalene muscle but more clinically interesting is to know how to recognize it and what can happen when you decide to go for an in-plane approach from medial to lateral.

Delegates will be grouped according to their level of knowledge (from beginner/intermediate (light colour bracelet) to aficionado/expert (dark colour bracelet). There could also be mixed knowledge level groups. Therefore, adapt your focus to the level of knowledge of the group. However, even beginners have to scan themselves, so please **no lecturing / endless demonstrations** during the workshop.

Instructions & Guidance for the WS Leaders of the Hands-On Clinical Workshops

For further information about the Clinical Workshop see «General Clinical Workshop Guidelines» and «Clinical Workshop setup». The hands-on clinical workshop are organized according to those documents.

Your Job as Leader: Contact the Instructors at latest **three to four weeks before** the Congress and let them send you the **cell phone number & email** they will have during the Congress. You will receive the email of all Instructors in your workshop in the next communication. Before the Workshop you should have all phone contacts of your instructors' group in case there is any problem. All your instructors should also have your cell phone number & email in the case they have any problem (come late to the workshop etc).

All the instructors know their topic allocations according to the program and will get general guidelines what to do prior to the workshop at the same time you receive this document.

Be at the Workshop (WS) place at least 10 minutes before the start.

Check that all models, US machines, material, industry support and instructors are there. Check that all US-Probes are covered to avoid paintings on the probe.

The Chair is **NOT** supposed to make ANY demonstrations.

There is **NO LIVE demonstration** to all participants at the beginning of the workshop!

This is a hands-on Workshop, NOT a live demonstration and NOT a «all blocks in one go» Workshop.

We expect up to 24 delegates per workshop with 4 workstations each (up to 6 delegates/workstation).

The delegates will be already grouped according to their level of knowledge (from beginner/intermediate to aficionado/expert before they enter the workshop.

The initial workstation of each group is irrelevant, just place one group per workstation. After all rotations all delegates will have been at every workstation.

Start the workshop and **keep the time** for the rotations in order to finish the workshop on time. Inform the Instructors **ca. 5 minutes prior to the end** of each rotation so they can start to conclude their station. Start the rotation **on time** and keep a smooth but fast rotation. Walk around and get an impression of how people are performing, how delegates interact etc. Intervene in the case there is no hands-on or other problems.