



## Instructions & Guidance for the Instructors (Demonstrators) of the Hands-On Clinical Workshops

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For further information about the Hands-On Clinical Workshops, please see the documents «General Clinical WS Guidelines» and «Clinical Workshop setup». The workshops will be organized according to those documents.

### Your Job:

You should be contacted by the Chair of your Workshop (WS) **some weeks before** the Congress. Confirm her/him your **cell phone number** and your **email** you will be using during the Congress. You should also get her/his cell phone number in the case there are any problems (coming late to the workshop etc). In the case you do not get a message from the WS Chair, contact her/him yourself to be sure you can exchange your phone numbers.

Your topic allocations were sent to you with the Congress Invitation. Prepare a session of **30 minutes** (time for each rotation) keeping in mind that this is a **clinical, hands-on** Workshop for delegates **from different** levels (see below: beginner to expert level).

Be at the Workshop (WS) place 10 minutes before the start.

Check your model (we asked models to be on site 10 min before the start also), US machines, material, ask the industry support if you have any question about your ultrasound machine.

There is **NO LIVE demonstration** to all participants at the beginning of the workshop!

This is a hands-on Workshop, NOT a live demonstration and NOT a «all blocks in one go» Workshop. There is **no needling**, only landmarks and scanning of the models.

After a general introduction by the Chair you will take the first group assigned to your workstation and start. Give a short introduction about the topic, you can use 1 or 2 slides if you wish (take YOUR laptop/tablet) and show the relevant anatomy yourself on the model.

### However, this is a hands-on workshop: delegates have to scan themselves!

The idea of “clinical” is to offer a **clinical approach** to RA / POCUS / Paediatric RA / Chronic Pain etc, rather than an anatomic approach. For example:

- It is nice to know that the phrenic nerve is on the anterior scalene muscle but more clinically interesting is to know how to recognize it and what can happen when you decide to go for an in-plane approach from medial to lateral.

Delegates will be grouped according to their level of knowledge (from beginner/intermediate (light colour sticker) to aficionado/expert (dark colour sticker). There could also be mixed knowledge level groups. Therefore, adapt your focus to the level of knowledge of the group. However, even beginners have to scan themselves, so please **no lecturing / endless demonstrations** during the workshop.

**The success of the Clinical Workshop lies in your skilled hands!**