



Hands-On Clinical Workshops Guidelines

Introduction

Hands-On Clinical Workshops are practical educational sessions designed to teach ultrasound-guided techniques through active participation.

During these workshops, delegates perform ultrasound scanning on live models under the supervision of experienced instructors. The aim is to provide a structured environment in which participants can practice scanning techniques and develop their understanding of clinically relevant ultrasound anatomy.

This educational format applies to the following clinical domains:

- Adult Regional Anaesthesia
- Paediatric Regional Anaesthesia
- Persistent/Transitional Pain
- Point-of-Care Ultrasound (POCUS)

All Hands-On Clinical Workshops take place in a dedicated workshop area within the Congress Centre.

Clinical workshops are conducted simultaneously across multiple rooms within this area.

Workshop Formats

Hands-On Clinical Workshops are delivered in 2 formats:

- **Clinical Hands-On Workshops**
- **Mini Hands-On Workshops**

	Clinical Hands-On Workshops	Mini Hands-On Workshops
Duration	2 hours	1 hour
Workstations	4 workstations, each dedicated to a different topic or clinical scenario	1 workstation dedicated to a single topic or clinical scenario
Faculty	4 instructors and 1 leader	1 instructor
Participants	Maximum 24 delegates	Maximum 8 delegates
Group Organisation	Up to 6 delegates per workstation	All delegates remain at the same workstation
Teaching Format	Each instructor teaches the same topic or clinical scenario to 4 rotating groups	The instructor teaches 1 group throughout the session
Session Flow	25 min teaching and hands-on scanning + 5 min transition	Continuous teaching within the 1-hour session
Rotation	Sequence: Room 1 → Room 2 → Room 3 → Room 4 → Room 1	No rotation
Leader	Present	Not present



Workstation Setup

Each workstation is equipped with:

- one ultrasound machine with all necessary probes
- one model
- one examination surface or stretcher
- ultrasound gel
- cleaning and disinfection materials for probes and surfaces
- towels or blankets for model comfort

Organisational Support

A dedicated workshop organisation team is present throughout the sessions to support the smooth running of the workshops. The team is responsible for:

- the workstation setup
- the installation of the appropriate ultrasound machine for each workstation
- the assignment of models to the appropriate workstations
- guiding participants to the appropriate room
- cleaning and preparing the room/workstation during transition time

For any technical support required, an industry representative responsible for the ultrasound machines will also be available.

Guidelines for the Workshop Leaders

Role

Leaders are responsible for the overall coordination and smooth running of the Clinical Hands-On Workshops. Their role is to oversee the workshop as a whole, support the instructors where needed, and ensure that it progresses according to the planned structure and timing.

The leader normally does not teach at a workstation and should focus primarily on coordination of the workshop. If necessary, the leader may assist instructors or temporarily support a workstation.

Logistics

- Leaders must **arrive approximately 10 minutes before** the start of the session to coordinate with the instructors.
- Before the session begins, **leaders must confirm the topics and objectives of each workstation, the rotation system and timing**, and that the appropriate model is assigned to each workstation or room.
- During the workshop, **leaders must oversee the overall flow and ensure that rotations run smoothly and on time.**
- If operational issues arise, leaders must coordinate promptly with the workshop organisation team where needed.

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Respect and Protection of Models

Leaders should ensure respectful treatment and protection of the models throughout the workshop.

Models must be treated with the same professionalism and respect as real patients. Only the anatomical areas required for scanning should be exposed, and the comfort and dignity of the model must be maintained at all times.

If inappropriate behaviour occurs, the leader should intervene immediately and take the necessary measures to protect the model.

For further information or clarification please contact:

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Thank you for your attention!